



Cadas Volunteer Opportunities

(by induction level)

GROUP A

(subject to references, informal interview, code of conduct – no contact with clients)

REMOTE BUSINESS/ADMIN SUPPORT

Admin tasks and business support from home

AD HOC SUPPORT

Supporting Cadas events outside Cadas offices and under staff supervision

GROUP B

(subject to reference and DBS checks, attendance at our 2-day Voluntary Introductory Course and completion of online training modules on safeguarding)

COMMUNITY TRAINING & EVENTS ROLE

- Promotion of drug/alcohol awareness and of Cadas services at community events
- Facilitation on training programmes including volunteer training
- Development and delivery of workshops including drug and alcohol awareness, health & wellbeing, relapse prevention
- Organising open days
- Helping service users to access opportunities through other organisations

OFFICE & BUSINESS SUPPORT ROLE

- Promotion of Cadas services and how to access to them at the offices
- Office administration including reception work
- Keeping information up-to-date
- Updating Cadas' presence on social media
- Creating newsletters and other marketing materials
- Recording service referrals (in person or by phone)
- Liaising with staff, volunteers and service users

FUNDRAISING ROLE

- Engaging the wider community including the recovery community to support fundraising activities
- Plan and arrange regular fundraising activities and events
- Risk assess fundraising events
- Liaise with businesses and sponsors and network with other organisations & groups



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GROUP B (continued)

WELLBEING ACTIVITIES SUPPORT

Support current activities and/or developing and delivering new activities to improve clients' wellbeing, before, during and after accessing Cadas services, for example:

- Art & craft
- Music
- Creative writing
- Walking
- Alternative therapies
- Healthy eating
- Budgeting
- Recovery Foundation
- Drop-Ins
- Recovery Cafe

CADAS AMBASSADOR

Promoting Cadas' services and volunteering opportunities in the wider community as an individual (publicity materials supplied if needed).

GROUP C

(Group B requirements plus successful completion of our 14-day Understanding and Working with Addictive Behaviours course, regular supervision and ongoing CPD)

RECOVERY SUPPORT ROLE

- Delivering 1:1 recovery support sessions
- Delivering Black Box Therapy
- Delivering Tapping Therapy (EFT)
- Creating Care Plan Assessments with clients
- Facilitating drop-ins and after-care support for clients
- Plan, develop and deliver support groups and recovery activities including aftercare

PROJECT SUPPORT

- Shadowing and supporting project staff on the delivery of services
- Helping with project administration and evaluation
- Facilitating education workshops/sessions with young people; parents/carers/family members; other organisations
- Facilitating group support sessions, eg Tai Chi, mindfulness